

# The Colchester BOMA

For all lovers of the countryside who can't get out to enjoy it quite as fully as they would like, whether on account of injury, older age or disability, the Colchester BOMA is here for your use and we would love to hear from you....



## **What is the BOMA?**

An off-road, all-terrain vehicle for community use by mobility-restricted walkers and chair users. Capable of negotiating almost any surface conditions, and hills and banks with ease, whilst easy to operate and safe. Battery-driven, adjustable and comfortable, not to mention super-good-looking, the BOMA is your ticket to roam...

## **Where can I use the BOMA?**

The BOMA has a permanent home at High Woods Country Park Visitor Centre (CO4 5JR). Ride alongside friends and family on foot or bikes, and explore the park's full 400 acres of woodland, lakeside and meadows.

## **How can I use the BOMA?**

### *1. Call us to arrange an induction*

One of our volunteers will meet you at the Visitor Centre to familiarise you with the BOMA and its safe use in the park. Then you're away! Experienced or regular users may use the BOMA independently throughout the year, subject to agreements on its care and of course booking.

### *2. Group use of the BOMA*

Organisations working with or representing older or disabled people may book and run group sessions independently, subject to staff member/s training as BOMA volunteers with Walk Colchester. If you belong to a relevant group, you could suggest they look into this option?

### *3. BOMA open afternoons and off-site use*

We occasionally run open afternoons in the park for new users, in spring and summer (April to end of September), when the BOMA can be trialled with Walk Colchester volunteers on hand to provide support.

Every so often we also take the BOMA off-site (Alton Water, Rendlesham Forest and the coast at Walton-on-the-Naze are favourites!). Walk Colchester volunteers are on hand.

## **Be in touch**

For more information, whether for yourself or for somebody you know, including details of BOMA trial days and open afternoons, visit our website or Facebook page, or contact us directly. We are excited to hear from you!

## **All enquiries welcome**

Website: <https://www.walkcolchester.org.uk/the-colchester-boma>

Email: [info@walkcolchester.org.uk](mailto:info@walkcolchester.org.uk)

Facebook: <https://www.facebook.com/ColchesterBOMAs>

Tel: 07710 474999 (Rowena Macaulay)